



To: WVEMS Field Providers
From: Chris Christensen, WVEMS Field Coordinator
Date: 10/30/2018
Re: **IV Benadryl Shortage/Emergency Protocol Vistaril**

Charles Lane, MD, WVEMS Regional Medical Director has implemented an emergency protocol for Vistaril in the event that your drug box does not contain IV Benadryl due to shortage.

Vistaril (Hydroxyzine) will be given as the antihistamine for Anaphylaxis in the event that IV Benadryl is not available at the time of restocking of the drug box. **Vistaril must be given IM ONLY in the buttocks using the Z-track Method.**

For Allergic Reaction:

Give 25-50mg Benadryl PO (Tablets will be placed in WVEMS Drug Box)

For Anaphylaxis:

Epinephrine 1:1000 0.3-0.5mg IM may repeat in 5 minutes with no change (AEMT, Intermediate, Paramedic)

Adult Dose: Vistaril (Hydroxyzine) 25mg IM // Administered Buttocks ONLY (Intermediate/Paramedic ONLY)

Pediatric Dose: Vistaril (Hydroxyzine) 12.5mg IM // Administered Buttocks ONLY (Intermediate/Paramedic ONLY)

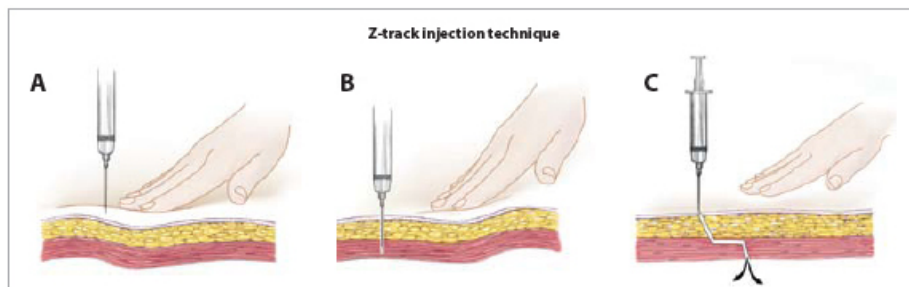


FIGURE 2. Z-track injection technique prevents leakage into subcutaneous tissue and decreases the chance of local irritation. (A) Pull or push the skin 2 to 3 cm away from the injection site with the nondominant hand. (B) Pierce the skin at 90° and depress the plunger slowly. If resistance occurs, pause then resume depressing the plunger. (C) Withdraw the needle, then release the skin.